

FRESUBIN® 2KCAL CRÈME



DESCRIPTION

Fresubin® 2kcal Crème is a dessert style nutritional supplement, consisting of protein (milk) vegetable oils (sunflower and rapeseed oil), carbohydrates (sucrose, glucose syrup, maltodextrin and starch), vitamins, minerals and trace elements.

PRESENTATION

Fresubin® 2kcal Crème is a dessert style nutritionally complete, high calorie (2kcal/g), high protein (20% energy) thickened/ spoonable oral nutritional supplement, fibre free. Suitable as a sole source of nutrition.

IDDSI* Level 4 - Extremely thick

Fresubin® 2kcal Crème is ready to use and presented in a 125g cup in five flavours: vanilla, wild strawberry, cappuccino**, chocolate*** and praline.

* International Dysphagia Standardisation Initiative (IDDSI) www.iddi.org
 ** Cappuccino flavour contains traces of caffeine (0.65mg/100g)
 *** Chocolate flavour contains traces of fibre from cocoa.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY
 NOT SUITABLE FOR CHILDREN UNDER 3 YEARS OF AGE
 NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION
 USE WITH CAUTION IN CHILDREN UNDER 6 YEARS
 ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased energy and protein needs, fluid restrictions and/or dysphagia.

Food for Special Medical Purposes.

Fresubin® 2kcal Crème is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula plus CAPD and haemodialysis.

DOSAGE

Dosage to be determined by a healthcare professional according to the patients' requirements. Recommendation for supplementary nutrition 3-4 cups (750-1000kcal)/ day, for complete nutrition 7-8 cups (1750-2000 kcal)/ day which meets the average adult recommended daily requirements for vitamins, minerals and trace elements.*

* For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011

STORAGE

Store at room temperature.
 Opened cups may be stored in a refrigerator for up to 24 hours.
 Best served chilled.
 Stir gently before enjoying

PACK SIZE

4 x 125g cups.

SHELF LIFE

9 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20% Fat 35% Carbohydrate 45% (44.7%*)

Fibre 0% (0.3%*)

*chocolate flavour

ORDER CODES

Vanilla 7023701 Cappuccino 7022701

Wild Strawberry 7021701 Praline 7024701

Chocolate 7020701

INGREDIENTS

Vanilla

Water, glucose syrup, [milk protein](#), sucrose, vegetable oils (sunflower oil, rapeseed oil), maize starch, maltodextrin, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, [soya lecithins](#)), acidity regulator (E 501), flavouring, vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, colours (E 160c), niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Wild Strawberry

Water, sucrose, [milk protein](#), glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, maltodextrin, flavourings, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, [soya lecithins](#)), beetroot powder, acidity regulator (E 501), vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Cappuccino

Water, sucrose, [milk protein](#), glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, flavourings, maltodextrin, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, [soya lecithins](#)), acidity regulator (E 501), vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, potassium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Praline

Water, sucrose, [milk protein](#), glucose syrup, vegetable oils (sunflower oil, rapeseed oil), maize starch, maltodextrin, flavourings, thickeners (E 1442, E 407), potassium citrate, emulsifiers (E 471, [soya lecithins](#)), acidity regulator (E 501), vit. C, sodium citrate, sodium chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Chocolate

Water, [milk protein](#), sucrose, glucose syrup, vegetable oils (sunflower oil, rapeseed oil), chocolate powder (sugar, cocoa mass, fat-reduced cocoa powder, [soya lecithins](#), flavouring), maize starch, flavourings, fat-reduced cocoa powder, maltodextrin, thickener (E 1442, E 407), acidity regulators (E 501, E 500), emulsifiers (E 471, [soya lecithins](#)), sodium citrate, colour (E 153), vit. C, sodium chloride, potassium citrate, iron pyrophosphate, zinc sulphate, magnesium oxide, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, sodium molybdate, chromium chloride, sodium selenite, potassium iodide, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Date of Preparation:

GB-FreONS-2400088

October 2024

NUTRITIONAL COMPOSITION	Per 100g	Per 125g cup
ENERGY kcal (kJ)	200 (840)	250 (1050)
PROTEIN g	10	12.5
CARBOHYDRATE g	22.5/22.4*	28.1/28*
Of which sugars g	13.4	16.7
Of which lactose g	<0.5	<0.6
FAT g	7.8	9.75
Of which saturated fatty acids g	0.55/0.67*	0.69/0.84*
Of which polyunsaturated fatty acids g	1.4/1.32*	1.75/1.65*
Of which monounsaturated fatty acids g	5.84/5.8*	7.3
FIBRE g	0/0.3*	0/0.4*
SALT g (Na x 2.5)	0.16/0.21*	0.20/0.26*
WATER ml	58/57*	72.5/71.3*

MINERALS AND TRACE ELEMENTS	Per 100g	Per 125g cup
SODIUM mg (mmol)	65(2.8)/82(3.6)*	81(3.5)/103(4.5)*
POTASSIUM mg (mmol)	167(4.3)	209(5.4)
CHLORIDE mg (mmol)	62(1.8)/62(1.7)*	76(2.2)/78(2.2)*
CALCIUM mg (mmol)	196(4.9)/205(5.1)*	245(6.1)/256(6.4)*
PHOSPHORUS mg (mmol)	125 (4.0)	156 (5.1)
MAGNESIUM mg (mmol)	16(0.7)	20(0.8)
IRON mg	2.5	3.13
ZINC mg	2	2.5
COPPER µg	375	469
MANGANESE mg	0.5	0.63
IODINE µg	37.6	47
CHROMIUM µg	13	16.3
MOLYBDENUM µg	18.8	23.5
FLUORIDE mg	0.25	0.30
SELENIUM µg	14	17.5

VITAMINS	Per 100g	Per 125g cup
VITAMIN A µgRE	213	266
of which β- carotene µgRE	62.5	78
VITAMIN D ₃ µg	5	6.25
VITAMIN E mgαTE	3.75	4.69
VITAMIN K ₁ µg	21	26.3
VITAMIN B ₁ mg	0.3	0.38
VITAMIN B ₂ mg	0.4	0.5
NIACIN mg	2.00mg(3.75mgNE)	2.5(4.69mgNE)
VITAMIN B ₆ mg	0.43	0.54
VITAMIN B ₉ µg	0.75	0.94
PANTOTHENIC ACID mg	1.5	1.88
BIOTIN µg	9.4	11.8
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	18.8	23.5

*Chocolate flavour

**Vanilla flavour

TYPICAL FATTY ACID PROFILE	g per 100g
C16:0 Palmitic acid	0.3/0.35*
C18 Stearic acid	0.21/0.29*
C18:1 ω9 Oleic acid	5.46/5.40*
C18:2 ω6 Linoleic acid	1.08/1.04*
C18:3 ω3 α-Linolenic acid	0.25/0.23*

TYPICAL AMINO ACID PROFILE g per 100g

ESSENTIAL	g per 100g
Histidine	0.29
Isoleucine	0.57
Leucine	0.99/1.0*
Lysine	0.83/0.84*
Methionine	0.28/0.29*
Phenylalanine	0.50/0.51*
Threonine	0.48
Tryptophan	0.11
Valine	0.70/0.71*

CONDITIONALLY ESSENTIAL

Cysteine	0.07
Tyrosine	0.54
Taurine	-
Glycine	0.19
Arginine	0.36/0.37*
Glutamine	0.75
Proline	0.99

NON-ESSENTIAL

Aspartic acid and asparagine	0.94/0.95*
Glutamic acid	1.03/1.05*
Alanine	0.33
Serine	0.59/0.60*

TYPICAL CARBOHYDRATE PROFILE g per 100g

Glucose	0.23*/0.24/0.31**
Fructose	0
Maltose	0.99*/1.02/1.33**
Saccharose	12.0*/11.8/9.0**
Lactose	0.32
Oligo-/Polysaccharides	8.04*/8.3/10.7**