

FRESUBIN® 2KCAL CRÈME



DESCRIPTION

Fresubin® 2kcal Crème is a thickened/spoonable nutritional supplement, consisting of protein (milk) vegetable oils (sunflower and rapeseed oil), carbohydrates (sucrose, glucose syrup, maltodextrin and starch), vitamins, minerals and trace elements.

PRESENTATION

Fresubin® 2kcal Crème is nutritionally complete, 2kcal/g energy density with 12.5g protein per 125 g (20% energy) spoonable oral nutritional supplement. IDDSI* Level 4 (extremely thick). Lactose and gluten free. Suitable as a sole source of nutrition.

Fresubin® 2kcal Crème is ready to use and presented in a 125g cup in five flavours: vanilla, wild strawberry, cappuccino, chocolate and praline.

*IDDSI International Dysphagia Diet Standardisation Initiative
www.iddsi.org

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER 3 YEARS OF AGE
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased energy and protein needs, fluid restriction and/or dysphagia.

Food for Special Medical Purposes.

Prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula, continuous ambulatory peritoneal dialysis (CAPD) and haemodialysis.

DOSAGE

Dosage to be determined by a healthcare professional according to the patients' requirements. Recommendation for supplementary nutrition 3-4 cups/ day, for complete nutrition 7-8 cups/ day which meets the average adult recommended daily requirements for vitamins, minerals and trace elements.[†]

[†] For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition, Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition, Dietary Reference Values for Energy. TSO London, 2011

STORAGE

Store at room temperature.
Once opened, refrigerate and use within 24 hours.
Best served chilled.
Stir gently before use.

PACK SIZE

4 x 125g cups.

SHELF LIFE

12 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20% Fat 35% Carbohydrate 45% (44.7%*)
Fibre 0% (0.3%*)
*chocolate flavour

ORDER CODES

Vanilla 7175701	Cappuccino 7168701
Wild Strawberry 7178701	Praline 7172701
	Chocolate 7170701

INGREDIENTS

Vanilla

Water, glucose syrup, milk proteins, sugar, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, maltodextrin, thickener (E 1442), potassium citrate, emulsifiers (E 471, soya lecithins), potassium carbonate, flavouring, vitamin C, sodium citrate, sodium chloride, stabiliser (E 407), magnesium oxide, ferric diphosphate, zinc sulphate, colour (E 160c), niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₁₂, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, vitamin K, biotin, vitamin D, vitamin B₆.

Wild Strawberry

Water, sugar, milk proteins, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, maltodextrin, flavourings, thickener (E 1442), potassium citrate, beetroot powder, emulsifiers (E 471, soya lecithins), potassium carbonate, vitamin C, sodium citrate, sodium chloride, stabiliser (E 407), magnesium oxide, zinc sulphate, niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₁₂, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, vitamin K, biotin, vitamin D, vitamin B₆.

Cappuccino

Water, sugar, milk proteins, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, maltodextrin, flavouring (with milk), thickener (E 1442), potassium citrate, emulsifiers (E 471, soya lecithins), caramelised sugar, potassium carbonate, vitamin C, sodium citrate, sodium chloride, stabiliser (E 407), magnesium oxide, ferric diphosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₁₂, sodium fluoride, thiamin, beta-carotene, colour (E 150d), vitamin A, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, vitamin K, biotin, vitamin D, vitamin B₆.

Praline

Water, sugar, milk proteins, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, maltodextrin, thickener (E 1442), potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), potassium carbonate, caramelised sugar, vitamin C, sodium citrate, sodium chloride, stabiliser (E 407), magnesium oxide, ferric diphosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₁₂, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, vitamin K, biotin, vitamin D, vitamin B₆.

Chocolate

Water, sugar, milk proteins, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, flavourings, fat-reduced cocoa powder, cocoa mass, maltodextrin, fat-reduced cocoa, thickener (E 1442), emulsifiers (E 471, soya lecithins), potassium carbonate, sodium citrate, vitamin C, sodium chloride, potassium citrate, stabiliser (E 407), sodium carbonate, ferric diphosphate, colour (E 153), zinc sulphate, magnesium oxide, niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₁₂, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, sodium selenite, potassium iodide, sodium molybdate, chromium chloride, vitamin K, biotin, vitamin D, vitamin B₆.

Date of Preparation:
January 2025

GB-FreONS-2400109

NUTRITIONAL COMPOSITION	Per 100g	Per 125g cup
ENERGY kcal (kJ)	200 (841/842 ²)	250 (1050)
PROTEIN g	10	12.5
CARBOHYDRATE g	22.5/22.4 ¹	28.1/28 ¹
Of which sugars g	13.4	16.7
Of which lactose g	≤0.5	≤0.6
FAT g	7.8	9.8
Of which saturated fatty acids g	0.6/0.7 ¹	0.69/0.84 ¹
Of which polyunsaturated fatty acids g	1.4/1.3 ¹	1.75/1.65 ¹
Of which monounsaturated fatty acids g	5.8	7.3
FIBRE g	0/0.3 ¹	0/0.4 ¹
SALT g	0.16/0.21 ¹	0.20/0.26 ¹
WATER ml	58/57 ¹	72.5/71.3 ¹

MINERALS AND TRACE ELEMENTS	Per 100g	Per 125g cup
SODIUM mg (mmol)	65(2.8)/82(3.6) ¹	81(3.5)/103(4.5) ¹
POTASSIUM mg (mmol)	167(4.3)	209(5.4)
CHLORIDE mg (mmol)	62(1.8)/62(1.7) ¹	76(2.2)/78(2.2) ¹
CALCIUM mg (mmol)	196(4.9)/205(5.1) ¹	245(6.1)/256(6.4) ¹
PHOSPHORUS mg (mmol)	125 (4.0)	156 (5.1)
MAGNESIUM mg (mmol)	16(0.7)	20(0.8)
IRON mg	2.5	3.13
ZINC mg	2	2.5
COPPER mg	0.38	0.48
MANGANESE mg	0.5	0.63
IODINE µg	37.6	47
CHROMIUM µg	13	16.3
MOLYBDENUM µg	19	23.5
FLUORIDE mg	0.25	0.30
SELENIUM µg	14	17.5

VITAMINS	Per 100g	Per 125g cup
VITAMIN A µgRE	213	266
of which β- carotene µgRE	62.5	78.1
VITAMIN D µg	5	6.25
VITAMIN E mgα:TE	3.8	4.69
VITAMIN K µg	21	26.3
THIAMIN mg	0.3	0.38
RIBOFLAVIN mg	0.4	0.5
NIACIN mg	2mg(3.8mgNE)	2.5(4.7mgNE)
VITAMIN B ₆ mg	0.43	0.54
VITAMIN B ₁₂ µg	0.75	0.94
PANTOTHENIC ACID mg	1.5	1.88
BIOTIN µg	9.4	11.8
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	19	23.5

¹ Chocolate flavour

² Vanilla flavour

TYPICAL FATTY ACID PROFILE	g per 100g
C16:0 Palmitic acid	0.3/0.35 ¹
C18 Stearic acid	0.21/0.29 ¹
C18:1 ω9 Oleic acid	5.46/5.40 ¹
C18:2 ω6 Linoleic acid	1.08/1.04 ¹
C18:3 ω3 α-Linolenic acid	0.25/0.23 ¹

TYPICAL AMINO ACID PROFILE	g per 100g
Histidine	0.29
Isoleucine	0.57
Leucine	0.99/1.0 ¹
Lysine	0.83/0.84 ¹
Methionine	0.28/0.29 ¹
Phenylalanine	0.50/0.51 ¹
Threonine	0.48
Tryptophan	0.11
Valine	0.70/0.71 ¹
Cysteine	0.07
Tyrosine	0.54
Glycine	0.19
Arginine	0.36/0.37 ¹
Glutamine	0.75
Proline	0.99
Aspartic acid and Asparagine	0.94/0.95 ¹
Glutamic acid	1.03/1.05 ¹
Alanine	0.33
Serine	0.59/0.60 ¹

TYPICAL CARBOHYDRATE PROFILE	g per 100g
Glucose	0.24/0.23 ¹ /0.31 ²
Fructose	0
Maltose	1.02/0.99 ¹ /1.33 ²
Saccharose	11.8/ 12.0 ¹ /9.0 ²
Lactose	0.32
Oligo-/Polysaccharides	8.3/8.04 ¹ /10.7 ²